

FIA'S HEALTHY LIFESTYLE

To create a healthy, fun, and well-balanced social life, FIA carried out a few exercise activities every month. These activity are aimed at FIA employees and lecturers.

Senam Sehat FIA UI

UNIVERSITAS INDONESIA
Sejiwa FIA KITA
WKB WBBM
MERDEKA BELAJAR

SENAM SEHAT

BERSAMA FIA

Jumat, 23 Feb '24 07.30 WIB Parkiran Gd. M

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Senam Sehat FIA is an active exercise carried out in the first and second weeks of every month.

Table Tennis



FIA UI provides table tennis which can be used by employees, lecturers and students.

Weekly Badminton

Badminton is held every Wednesday after work and can be participated in by staff and lecturers.

