

Implementation of SDGs at the Faculty of Psychology

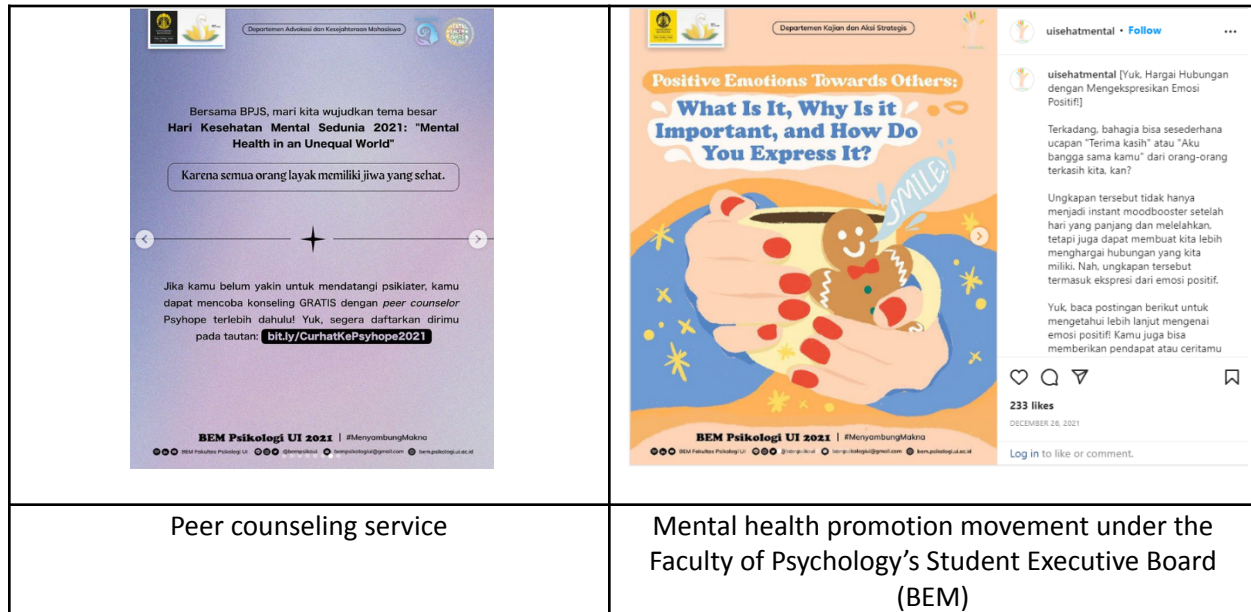
3. Good Health and Well-being

3.3. Collaborations and health services

3.3.2. Health outreach programmes



Online events to promote mental health and well-being



Peer counseling service

Mental health promotion movement under the Faculty of Psychology's Student Executive Board (BEM)

Description:

The Faculty of Psychology hosts activities focused on mental health regularly. These activities could be planned by the faculty, organizations affiliated with the Faculty of Psychology, collaboration with other organizations and institutions, or students working under the supervision of the faculty.

PSYHope and UI Sehat Mental are examples of the student-organized initiatives for mental health promotion. PSYHope offers peer counseling service and holds public seminars to help encourage mental health awareness. Meanwhile, UI Sehat Mental is a mental health promotion movement under the Faculty of Psychology's Student Executive Board (BEM). With these programmes, the Faculty of Psychology aims to promote mental health and improve the well-being of the local community.

Evidence Link:

1. https://www.instagram.com/p/CWnNo8ihFH-/?utm_source=ig_web_button_share_sheet
2. https://www.instagram.com/p/CWVrI4GP3X8/?utm_source=ig_web_button_share_sheet
3. https://www.instagram.com/p/CU2IVZUvECR/?utm_source=ig_web_button_share_sheet
4. https://www.instagram.com/p/CX8k4-hPsar/?utm_source=ig_web_button_share_sheet
5. <https://www.instagram.com/uisehatmental/>
6. <https://www.instagram.com/psyhope.ui/>