



Ketersediaan Makanan Sehat

Nutritious Food Availability

Fasilitas dan Akses Makanan Sehat untuk Mahasiswa

Tersedianya makanan yang sehat di lingkungan kampus Universitas Indonesia (UI) memiliki peran penting bagi terselenggaranya setiap aktivitas dan kegiatan pendidikan yang baik. Memahami hal tersebut, di beberapa area kampus, seperti Pusat Administrasi Universitas dan di setiap fakultas, UI telah menyediakan kantin yang bersih dan bisa diakses dengan mudah oleh sivitas akademika.

Ketersediaan fasilitas makanan sehat untuk seluruh warga kampus menjadi perhatian UI. Selain aksesibilitas terhadap fasilitas, UI juga menekankan agar makanan-makanan tersebut bisa diakses dengan harga terjangkau, serta mudah untuk dimakan di tempat maupun dibawa pulang.

Nutritious Food Facilities and Access for Students

Nutritious food availability is significant in learning activities at the campus of Universitas Indonesia (UI). Therefore, UI provides clean canteens that can be easily accessible by all academic community members in several focal points, such as the Administrative Center building and each faculty area.

The availability of facilities that provide nutritious food for the academic community has become a significant concern for UI. Besides access to the facilities, UI also highlights that healthy food should be easily accessible at affordable prices, both for dine-in and takeaway.

Mendorong Ketahanan Pangan di Era Ketidakpastian

Masih berlanjutnya pandemi dengan munculnya beberapa varian baru Covid-19 membuat tahun 2021 menjadi tahun yang penuh tantangan dalam ketidakpastian. Isu perubahan iklim serta munculnya ketegangan politik dan keamanan dunia menambah ancaman baru terhadap ketahanan pangan nasional. Masyarakat pun harus dihadapkan pada dampak-dampak yang ditimbulkan dari situasi dan kondisi tersebut.

Sebagai perguruan tinggi, UI senantiasa bergerak cepat dan aktif dalam mendorong serta mendukung ketahanan pangan nasional melalui sejumlah penelitian, ajang seminar, serta kegiatan pengabdian masyarakat.

Memastikan Ketersediaan Pangan untuk Mahasiswa di Asrama selama Pandemi

Pada masa pandemi, UI memberlakukan metode Pembelajaran Jarak Jauh. Mahasiswa dan tenaga pendidik tidak pedatang ke kampus. Namun demikian, mahasiswa yang berdomisili di Asrama Mahasiswa UI tetap tinggal dan tidak pulang ke rumah asal mereka. UI memastikan asupan gizi mereka, di antaranya dengan membagikan susu gratis. Susu gratis juga didistribusikan kepada petugas keamanan di lingkungan kampus UI dan tenaga kesehatan di Rumah Sakit UI.

Encouraging Food Security in an Uncertain Time

The Covid-19 pandemic had not yet been controlled and new variants were still a threat, making 2021 a challenging year in the storm of uncertainty. In addition, climate change and global political and security tensions have added to the growing threats to national food security. Thus, people have to face the aftermath of these circumstances.

As a university, UI has been moving quickly to encourage and support national food security, mainly through research, seminar events, and community service initiatives.

Ensuring Food Availability for Dormitory Students During the Pandemic

Throughout the pandemic, UI has implemented Distance Learning. Students and lecturers were not required to come to campus. However, students who lived in the UI Dormitories found it challenging to return to their hometowns, so they had no choice but stayed there. UI ensured that they got balanced nutrition, among others, by distributing milk for free. Besides students, UI also gave this product to campus security officers and health workers at the UI Hospital.



Kantin Sejiwa di Fakultas Psikologi UI.
Sejiwa Canteen at the UI Faculty of Psychology.

Rekomendasi Kebijakan: Menghindari Krisis Pangan Selama Masa Pandemi

Pada 4 Mei 2020, Tim Ahli Policy Brief Bidang Ekonomi di bawah naungan Direktorat Inovasi dan Science Techno Park (DISTP) UI merumuskan sebuah *policy brief* terkait "Kebijakan Ekonomi di Tengah Pandemi COVID-19: Selamatkan Nyawa, Minimalisasi Resesi". Di antara poin penting dalam *policy brief* tersebut ialah rekomendasi untuk mempertimbangkan penyediaan kebijakan asuransi sosial untuk kelompok rentan, serta sejumlah usulan kebijakan jangka menengah termasuk kebijakan dalam rangka menjaga kesinambungan sektor pangan. *policy brief* ini diusulkan kepada Pemerintah Indonesia.

Selain merumuskan dan mengusulkan kebijakan, UI juga aktif menyelenggarakan seminar mengenai pangan dan gizi. Pada 7 September 2020, Fakultas Kesehatan Masyarakat UI melalui Departemen Gizi Kesehatan Masyarakat menyelenggarakan seminar online bertajuk "Gizi untuk Bangsa IX: Penanganan Masalah Gizi di Era Pandemi".

Dalam skala regional, UI melalui Pusat Kajian Gizi Regional (PKGR) UI atau SEAMEO-RECFON (Southeast Asian Ministers of Education-Regional Center for Food and Nutrition) menyelenggarakan Konferensi Internasional tingkat Asia Tenggara di bidang Pangan dan Gizi dengan tema "*Ensuring Quality Early Life for Productive Human Resources Post-Covid-19 Pandemic: Updates on Early Childhood Care, Nutrition and Education Research and Program Evaluations*".

Policy Brief: Avoiding A Food Crisis Amid the Pandemic

On May 4, 2020, the Expert Team of Economic Policy Brief under the Directorate of Innovation and Science Techno Park (DISTP) UI formulated a policy brief related to "Economic Policy Amid the COVID-19 Pandemic: Save Lives, Minimize Recession". Among its essential points, there was a recommendation to consider the implementation of social insurance policy for vulnerable groups and some medium-term policy suggestions, one of which was related to maintain food sustainability. This policy brief was proposed to the Indonesian Government.

Apart from formulating and proposing policies, UI regularly organizes food and nutrition seminars. On September 7, 2020, the Department of Public Health Nutrition under the Faculty of Public Health held a webinar titled "Nutrition for the Nation IX: Managing Nutrition Issues in the Pandemic Era".

On the regional scale, UI Regional Nutrition Study Center (PKGR) or Southeast Asian Ministers of Education-Regional Center for Food and Nutrition (SEAMEO-RECFON) held a Food and Nutrition International Conference on Southeast Asia level with the theme of "*Ensuring Quality Early Life for Productive Human Resources Post-Covid-19 Pandemic: Updates on Early Childhood Care, Nutrition and Education Research, and Program Evaluations*".

Sampel Kolaborasi Mewujudkan Ketahanan Pangan

Examples of Collaboration to Achieve Food Security

Pendampingan Komunitas Pertanian untuk Memastikan Keberlanjutan Pasokan Pangan

Pada Januari 2020, UI menandatangani Kesepakatan Kerja Sama dengan Bupati Manggarai di bidang riset pertanian yang merupakan salah satu sektor andalan masyarakat Kabupaten Manggarai, Nusa Tenggara Timur. Arah utama dari kerja sama riset ini ialah membangun konektivitas antara petani (baik individu, kelompok, maupun komunitas), masyarakat pangan organik, serta konsumen restoran dan hotel.

Assistance for the Farming Community to Ensure Food Supply Sustainability

In January 2020, UI signed a Partnership Agreement with the Manggarai Regent in research on the agriculture sector. This sector has been one of the local economic backbones in Manggarai Regency, East Nusa Tenggara. The research collaboration aimed to build connectivity between farmers (individuals, groups, and communities), the organic food community, and customers of restaurants and hotels.

Pengenalan Akses Permodalan untuk Binaan Dinas Ketahanan Pangan Kelautan dan Pertanian Kota Administrasi Jakarta Selatan

Bekerja sama dengan Suku Dinas Ketahanan Pangan Kelautan dan Pertanian (KPKP) Kota Administrasi Jakarta Selatan, UKM Center FEB UI mengadakan pelatihan dengan tema "Diversifikasi Olahan dan Pengendalian Hama Tanaman untuk Meningkatkan Kualitas Bisnis Hasil Pertanian". Peserta mencapai 446 orang dan dapat diikuti secara daring. Dalam kegiatan ini UKM Center FEB UI juga mengenalkan upaya-upaya pendanaan yang bisa ditempuh oleh para mitra binaan yang umumnya merupakan pelaku usaha di bidang pertanian.

Introduction to Access to Capital for Fostered Partners of the South Jakarta Food Security, Marine, and Agriculture Agency

In collaboration with the South Jakarta Food Security, Marine, and Agriculture Agency (KPKP), the SME Center of FEB UI organized a training workshop with the theme "Processed Diversification and Plant Pest Control to Improve Economic Quality of Agricultural Produce". The training took place online and was attended by 446 participants. During this event, the SME Center of FEB UI also introduced some funding channels to the fostered partners, who generally were agribusiness players.

Webinar Internasional Pengelolaan Kampus Hijau untuk Ketahanan Pangan

Universitas Indonesia melalui UI GreenMetric menyelenggarakan webinar internasional dengan tajuk "Kampus Berkelanjutan dan Ketahanan Pangan" pada 19 Mei 2020. Webinar ini diikuti 330 peserta dari 210 universitas di 33 negara. Acara ini membahas strategi perguruan tinggi menghadapi disrupsi akibat pandemi Covid-19.

International Webinar on Green Campus Management for Food Security

UI GreenMetric held an international webinar titled "Sustainable Campus and Food Security" on May 19, 2020. It was attended by 330 participants from 210 universities in 33 countries. On this event, the participants discussed the university's strategies to encounter the Covid-19 pandemic disruption.

Home Gardening, Solusi Pangan Sehat di Masa Pandemi

Tim Pengabdian Masyarakat Fakultas Kesehatan Masyarakat (FKM) UI mengadakan sosialisasi *home gardening* di Kelurahan Sukatani, Kota Depok selama bulan November-Desember 2021. Warga dibekali dua modul, yaitu "Bikin Kebun Sayur di Rumah, Yuk!" dan "Mengapa Konsumsi Sayur Penting?". Kegiatan tersebut juga menyertakan berbagai video seputar praktik berkebun dan membuat media tanam, konsumsi sayur, kandungan gizi pada sayur, Isi Piringku, serta material untuk berkebun.

Home Gardening, Healthy Food Solution During the Pandemic

The Community Service Team from the UI Faculty of Public Health (FKM) organized a home gardening outreach in Sukatani Village, Depok City, in November-December 2021. The participants were provided with two modules: "Let's Make a Home Vegetable Garden!" and "Why is Vegetable Consumption Important?". The organizer also played videos about gardening practices and making planting media, vegetable consumption, vegetables' nutritional content, My Plate food guide, and gardening materials.



Home gardening berkontribusi dalam ketahanan pangan selama masa pandemi.
Home gardening has contributed to food security during the pandemic.

Penyembelihan dan Pendistribusian Daging Kurban

Dalam momentum Hari Raya Idul Adha 1442 H yang jatuh pada 20 Juli 2021, Masjid Ukhuwah Islamiyah UI menyembelih hewan kurban dan mendistribusikan karkas (daging) kepada masyarakat sekitar. Selama masa pandemi, prosesi kurban dilaksanakan dengan metode ASIH atau Aman, Sehat, Ihsan (profesional), dan Halal. Setiap pekerja dan relawan yang bertugas wajib mengenakan Alat Pelindung Diri (APD) lengkap, bekerja maksimal dua jam, serta tidak diperkenankan bekerja sambil duduk, makan, minum, dan merokok.

Slaughtering and Distribution of Qurbani Meat

In celebration of the Eid al-Adha 1442 H on July 20, 2021, the UI Ukhuwah Islamiyah Mosque of slaughtered sacrificed animals and distributed the meat to the surrounding community. During the pandemic, the sacrificial procession has been carried out using the ASIH method, abbreviated from Safe, Healthy, Ihsan (professional), and Halal. Each worker and volunteer on duty have to wear complete Personal Protective Equipment (PPE), work a maximum of two hours, and not be allowed to work while sitting, eating, drinking, and smoking.



Penyembelihan hewan kurban menerapkan metode ASIH.
The sacrificed animals are being slaughtered with the ASIH method.

ILUNI UI Bagikan Paket Sembako

Ikatan Alumni (ILUNI) UI memberikan donasi 1.700 paket berupa kebutuhan-kebutuhan konsumsi, seperti beras, biskuit, gula, terigu, santan kemasan, mentega, mie telur, kornet, dan minyak goreng kepada pegawai outsourcing UI dan masyarakat di sekitar UI. Penyerahan donasi dilakukan secara simbolis oleh Ketua Umum ILUNI UI, Andre Rahadian, kepada pihak Rektorat UI di Balairung Kampus UI Depok pada 2 Mei 2021.



ILUNI UI Distributes Food Packages

The Alumni Association (ILUNI) of UI donated 1,700 consumer goods packages, such as rice, biscuits, sugar, flour, packaged coconut milk, butter, egg noodles, corned beef, and cooking oil, to UI outsourcing employees and the community near campus. The donation was symbolically handed over by the General Chairperson of ILUNI UI, Andre Rahadian, to the UI Rector at the UI Depok Campus Hall on May 2, 2021.

Penyerahan donasi secara simbolis.
The symbolic handling over of donations.